



NEWSLETTER

8 December Term 4 Week 10



AN OPEN LETTER TO YEAR 12

Year 12,

As you leave your school years behind you and step out into the adult world, we hope you will look back at your time here at Tweed River High School and realise your education is much more than just your academic accomplishments.

The road to the end of your schooling was one of the toughest any senior students have ever endured in our school's history. This experience, while undeniably challenging, is one that should not be looked back on with regret but with pride at how it has shaped your character.

As educators our job is to develop the whole person. We have been in this together, sharing your angst and supporting you to become more resilient, ready to adapt and to face the unexpected with courage. You are stronger than you may yet realise but we know these are strengths that will take you far.

While we are optimistic and hopeful you will achieve the HSC results you have worked for, there is a possibility some of you will be disappointed because of the challenges that have confronted you these past two years. You need to know how proud we are of each and every one of you.

We see what strong, persistent and capable young adults you are and know you are about to make many great contributions to our society and become valued members of our community.

Well done and best wishes from all of us here at Tweed River High School.



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SENIOR EXECUTIVE REPORT

I would like to thank all parents, caregivers, and students for a wonderful 2021 and wish everyone all the best over the Christmas break. Enjoy the well-earned holiday and value the time that is spent with family and friends during this time. It has been a tremendous year and despite the interruption that COVID has imposed, students have performed extremely well across all areas of the school.

START DATES 2022

Staff will return to school on Friday 28th and Monday 31st January for two staff development days. Year 7, 11 and 12 will return on Tuesday 1st February and Year 8,9, and 10 returning on Wednesday 2nd February.

SEMESTER 2 PRESENTATION ASSEMBLIES

Presentation Day assemblies will take place on December 9th in the SEC. Year 7 and 8 will be during periods 1 and 2. Years 9,10 and 11 will be in periods 3 and 4. The assemblies will be a combination of Presentation Day, Sports and Year Assemblies. Congratulations to all the award winners that will receive recognition for their achievements.

ORIENTATION DAY

November 23 saw Tweed River High School hold their Orientation Day for Year 7 students starting in 2022. An excited group of Year 6 students engaged in taster lessons, games, team building activities and a tour of the school. A big thank you to the 2022 Year 7 advisor Mr. Swaddle and Mrs. Mackney for their organisation, the student peer support leaders for their support and the staff for running lessons. We look forward to our new cohort of students joining us next year.

HSC FINISHING

Last week saw the finish of HSC exams for 2021. I would like to thank all students at school who have shown our HSC students courtesy during exam times. We have modified exit routes and this has allowed minimal disruptions to exams. HSC results will be released on the 24th January and ATAR scores the 20th January.

YEAR 12 GRADUATION ASSEMBLY

Tweed River High School will celebrate Year 12 finishing their secondary schooling with a graduation ceremony on Wednesday 8th December starting at 9 am in the SEC. Parents that are fully vaccinated will be able to attend along with Year 12 students. There will be a commemoration ceremony at the end of the proceedings to acknowledge both Jacob Grunow and Brad Hope as part of this year group.



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SENIOR EXECUTIVE REPORT Cont...

YEAR 12 FORMAL

The Year 12 Formal will be held at Mantra at Salt on Wednesday 15th December. We would like to congratulate all Year 12 on the completion of 13 years of schooling and wish them the best for their future. Students will take many paths in their career from this point forward and we extend an invitation to the current Year 12 to return to TRHS from time to time to fill us in on your career path.

CLONTARF FOUNDATION

In 2022 we are hopeful that the Clontarf Foundation will be joining us at TRHS. The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so, equips them to participate more meaningfully in society. A Clontarf Foundation Room will be established within the school grounds that support ATSI male students in their educational journey.

STAFF MOVEMENT

In 2022, Mr. Arvidson has taken a position at Kempsey High School, and will be replaced by Mrs. Simpson as the Relieving Head Teacher TAS. Mr. Naughton will be filling Mr. Arvidson's position in 2022, we thank Mr. Arvidson for his work as HT TAS in his time at TRHS. Mrs. Wolthers from the HSIE staff is retiring, we applaud her for her amazing career across a number of schools, not just TRHS, she is being replaced by Mr. Nikitin. Miss Cupitt has taken up a position in QLD for 2022, we thank Miss Cupitt for her outstanding job as Year 12 Advisor and Dance Coordinator.

SUPPORT UNIT MARKET STALL

Students from the Support Unit held a successful fundraiser market stall on Friday 26th November during recess and lunch. Students made assorted items such as planter boxes, cookie mix in a jar, handmade key rings, handmade Christmas decorations, cherry blossom trees and decorative water plants. It was nice to see this supported by both staff and students at the school.

VAPE SENSORS

The school will be fitted with vape sensors in all toilets for 2022. We want to provide a supportive learning environment for all students and support healthy lifestyle choices. Please continue the conversations with your children about the safety issues associated with vaping.

Terry Simpson
Relieving Deputy Principal



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YEAR 6 INTO 7 ORIENTATION DAY



Our 2022 Year 7 cohort visited Tweed River last Tuesday for a taste of what high school life is going to be like. It was great to see all their smiling faces eager to take on the next part of their educational journey. The students were treated to mini lessons in various different faculty areas where they were exposed to some of the concepts and activities that our high school students take part in. At the end of the day they were challenged to an orienteering activity to test their knowledge of what they had learnt about the school and some of the people that will look after them during their time at Tweed River High. It was a great day had by all the students and the staff, and special thanks must go to Mrs Mackney and our Year 9 Peer Support students who ran the day and ensured everyone had a great time. I'm really looking forward to seeing them all here in 2022 ready to take on the world.

Chris Swaddle
Sports Coordinator
PD,H,PE Teacher



Yr 6 Orientation Day

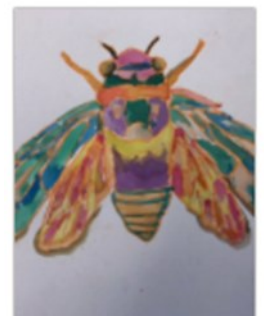
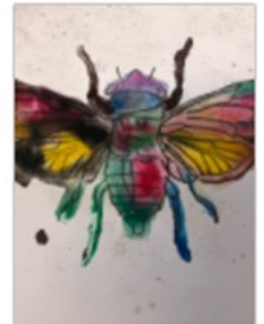
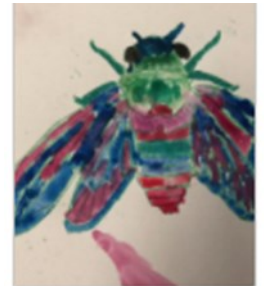
Get ready for high school

Yr 6 students - from 11 different Primary schools, participated in an action filled day on Tuesday 23rd November. Students were involved in demonstration lessons, introducing students to specialist subjects – including PE, Food Technology, Textiles, Art, Music, Japanese, Marine Studies, Metal work, wood-work & English/drama. An Orienteering activity, held in the afternoon, enabled students to familiarise themselves and to locate various spaces and personnel within the school.

Thirty-two Yr 9 Peer Leaders willingly and enthusiastically, demonstrated their leadership skills by supporting Yr 6 students throughout the day.

The information session in the morning provided students with a package of important details to share with their parents & carers, to ensure that their start to High School is a positive and exciting experience. We look forward to welcoming our new year 7 students on Tuesday 1st February 2022.

Mrs Mackney- Head Teacher Welfare



Some very enthusiastic year 6 students enjoyed a great Visual Arts lesson as part of their orientation day. The students drew a cicada using an oil pastel relief technique and then coloured their cicadas using water colour paint. The finished products look amazing and the students were deservedly proud of their artworks. The Visual Art teachers are really looking forward to meeting all the new year 7 students next year, we've got lots of fun and creative Visual Arts projects lined up to keep the new students challenged and engaged in 2022.

Ms Costanzo



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YEAR 10 VOLUNTEERS



Congratulations and thank you to all Year 10 Volunteers with special mention to the following outstanding contributors. Some of the activities they were involved in are listed above.

SOPHIE BRENNAN, AIDEN CLIFFORD, KIRSTIE DUNCAN, ABIGAIL FOSTER, RAYAH GAULD, JACOB LUXTON-GATES, CHENOA LOWE, SARAH LIVINGSTONE, SOPHIE McINTOSH, MARIA McINTOSH, RYLEE OGSTON, BLAKE WHEATLEY.

Ms Cowan
Head Teacher PDHPE/CAPA (Relieving)



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LIBRARY NEWS



On Wednesday 1st of Dec, I had the pleasure of rewarding 24 students who completed the 2021 TRHS Reading Challenge. I would like to congratulate our winners on their achievement and for letting stories into their lives. Stories help us understand who we are and our place in the world, they also bind us and bring us together. How wonderful to see the enthusiasm of students when they talk about their favourite books and see the sparkles in their eyes! Thank you, and we hope you will enjoy your gift.

We would like to thank Geoff Provest (Member for Tweed) for attending our event and for sponsoring our reading challenge year after year. We couldn't do it without you Geoff.

Mrs Monniot-Kerr
Teacher-Librarian





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NEW INDIGENOUS PLAYING STRIP

Great news for our student sport representatives with our newly designed Indigenous playing strip arriving this week.

Both the players and coaches are excited they will be representing the school in the new designs while also showing our school's pride in our Indigenous history.

Chris Swaddle
Sports Coordinator
PD,H,PE Teacher



Cudgen Netball Club is a dynamic and enthusiastic club that has continued to grow from strength to strength for many years. Cudgen Netball Club offers opportunities for netballers from the age of 5 years right through to our open's division. In 2022 we look forward to seeing our current players return to the court and we always look forward to welcoming new players to our Club.

f Follow us on facebook:
www.facebook.com/Cudgen-Netball-Club

2022 NETBALL SEASON

Registration Dates

TBA
Follow us on Facebook, dates will be decided in January

COACHES:

We are looking for expressions of interest from people who would like to coach for the 2022 season. Please contact Gill 0413 510442

CONTACT THE CLUB

Vice President:
Bianca Prendergast
0416 015212
Secretary: Alyson McIntyre
0411 269464

Free Registration

Seagulls Junior Rugby League
Registrations Open
1st December
Contact
Mel Sutton 0414548048

After Using NSW Active Kids Voucher
Plus FREE Headgear for New Players



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TRHS Uniform Shop Back to School Opening Hours Extended 2021/2022 Opening Dates

Tues 14/12/2021	8 – 11am
Wed 15/12/2021	8 – 11am
Thur 16/12/2021	8 – 11am

Opening Times for 2022

Tues 25/01/2022	8 – 11am
Thur 27/01/2022	8 – 11am
Frid 28/01/2022	2 – 5pm
Mon 31/01/2022	8 – 11am & 2 – 5pm
Tues 01/02/2022	8 – 11am
Wed 02/02/2022	8 – 11am
Thur 03/02/2022	8 – 11am

EFTPOS, Cash & Cheques accepted

Online Store:

<https://schoolshoponline.net.au/tweedriverhspandc/index.aspx>

UPCOMING EVENTS

Wed	8 Dec	Year 12 Graduation
Thurs	9 Dec	Annual Presentation Day
Fri	10 Dec	Pancake Friday
Wed	15 Dec	Year 12 Formal
Thurs	16 Dec	Students' Last Day

BE YOUR
OWN KIND
OF
beautiful



[Find out more about Stymie](#)

UNIFORM SHOP

Order online via
our school website

[https://
schoolshoponline.net.au/
tweedriverhspandc/index.aspx](https://schoolshoponline.net.au/tweedriverhspandc/index.aspx)

TRHS CANTEEN

Check out the daily menu on
the canteen window for some
great meal deals.

EFTPOS available.

Breakfast Recess Lunch

P&C NEXT MEETING

Feb 17 2022

March 17 2022

at 6pm in the Common Room



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SUPPORT UNIT FUNDRAISER

Tweed River High School is raffling two signed, limited editions, 2021 NRL jerseys. 100% of the profits will go towards supporting access for our students to innovative and inclusive learning experiences at school and within the community.

Tickets are priced at: \$3 each, 2 tickets for \$5, 4 tickets for \$10, 6 tickets for \$15, 8 tickets for \$20, 10 tickets for \$25.

Click here [Roosters 2021](#) to purchase tickets for the Roosters 2021 signed jersey.

Click here [Titans 2021](#) to purchase tickets for the Titans 2021 signed jersey.

Or scan the QR code of your choice below.

The Raffle will close on 28th February, 2022 and will be drawn at Tweed River High School at 9am on

WIN A LIMITED EDITION SIGNED GOLD COAST TITANS 2021 NRL JERSEY

TRHS SUPPORT UNIT FUNDRAISER

Tickets start at \$3.00



SCAN THE QR CODE AND FOLLOW THE PROMPTS TO ENTER!

GOOD LUCK!



WIN A LIMITED EDITION SIGNED SYDNEY ROOSTERS 2021 NRL JERSEY

TRHS SUPPORT UNIT FUNDRAISER

Tickets start at \$3.00



SCAN THE QR CODE AND FOLLOW THE PROMPTS TO ENTER!

GOOD LUCK!





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STAFF PROFILE

Name:

Lilas Monniot-Kerr

Previous schools:

I have been teaching at Tweed River High School since I graduated as a secondary teacher in 2002, with the exception of time at Ulladulla High School in 2003-2004 as a French teacher, and in Canberra in 2015.

Where were you born/grew up?

I was born in France and spent my childhood in Toulon, my home town.

Other jobs:

I worked in hospitality before becoming a teacher.

Interests outside school:

Surfing, music, planting trees and gardening.

Hero:

Anyone who stands up for what they really believe in.

Favourite Avenger:

Tony Stark because he is sooooo smart.

Facts we don't know about you:

I can sing and play guitar.

Achievements in Life:

Having two kids, making a new life 15,000kms away from my home country and family, and graduating from two Australian universities (Master of Education and B.A./ B.Ed)





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Goodbye 2021

The academic year of 2021 will definitely be unforgettable. With switching back and forth from virtual to in-person learning, students have been through much adjusting. The resilience, strength and adaptivity shown by our school community has been beyond measure.

It seems more accurate to say that this has been a challenging year for all, rather than most. But we have made it!

A huge thank you to the supportive adults in our school community, that is all of our parents and carers, who have been there for our young people and helped with school work, keeping a routine and just being there to connect. We know it wasn't easy.

The year of 2021 at TRHS has shown how responsive and adaptive our school, students, parents and staff are. We have worked together as a community to get through the hurdles and come out stronger. We will continue to provide a safe learning environment which promotes excellence through opportunity, teamwork and respect moving into 2022.

Enjoy the summer break, stay safe, be kind and have fun.

We look forward to seeing you all next year .
Year 7, 11 and 12 return on Tues Feb 1st
Year 8, 9 , 10 return on Wed Feb 2nd

**Tweed
River High
School**



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Tweed River High School
P&C Association
Christmas Dinner 2021

Club Banora

Twin Towns Club, Leisure Drive, Banora Point

Wednesday 8th December 2021

Table has been booked from 5.30pm.
Please order your own meal when you arrive.

Meat Tray Raffle will be drawn at 6.30pm –
tickets on sale from 4.30pm.
50 prizes to be won.

PLEASE RSVP by Friday 3 December
SMS Tabettha on 0422377383



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COVID-19 Resources for Parents

WEBSITES



raisingchildren.net.au
the Australian parenting website

Provides **free, reliable, up-to-date and independent information** to help families grow and thrive together, funded by the Australian Government.

<https://raisingchildren.net.au/>



eSafety Commissioner

The eSafety Commissioner (eSafety) is Australia's national independent regulator for online safety.

<https://www.esafety.gov.au/>



Official government website on Covid 19

<https://www.nsw.gov.au/covid-19>



Non-judgemental and evidence-based support by professionals for any parent or carer

<http://www.parentline.org.au/>

1300 1300 52 Mon-Fri 9am-9pm,
Sat-Sun 4pm-9pm



Service linking families with the most appropriate service or supports for their individual needs

<http://www.familyreferralservice.com.au/>

1800 066 757



Coronavirus Mental Wellbeing Support Service

<https://coronavirus.beyondblue.org.au/>

1800 512 348 24/7



Organisation dedicated to advancing the mental health and emotional wellbeing of Australian infants, children, adolescents and their families.

<https://emergingminds.com.au/resources/supporting-children-during-the-coronavirus-covid-19-outbreak/>

ARTICLES

- [Coronavirus \(COVID-19\) and children in Australia](#)
- [Communicating with your child about COVID-19](#)
- [Physical distancing and family wellbeing](#)
- [Home schooling \(and keeping kids busy during COVID-19\)](#)
- [How to talk to kids about the coronavirus pandemic](#)
- [What to Say to Your Child about the Coronavirus](#)
- [Staying Sane When School is Closed](#)
- [Working From Home with Kids](#)

Official Corona Virus Information

NSW COVID-19 Website

www.nsw.gov.au/covid-19

Australian Government's National Coronavirus Helpline

1800 020 080 (24 hour help line)

Useful Contacts

Domestic Violence Line	1800 65 64 63
Mental Health Line	1800 011 511
Lifeline	13 11 14
Mensline	1300 78 99 78

In an emergency, please call 000 or go to a hospital emergency department



NEWSLETTER

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COVID-19 Resources for Parents

BOOKS

Free children friendly ebooks available to download (Click on book title or book cover)

Don't Walk Your Cat & Other Advice For a Worried Kid



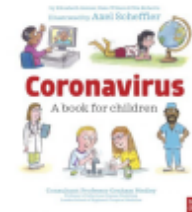
Birdie & the Big Sickness



Coronavirus: A book for children



Hello I am a VIRUS, cousin with the Flu and the Common Cold. My name is Coronavirus



Many Ways to Share a Hug



My Hero is You



Many Ways to Share a Hug

WEBSITES FOR CHILDREN AND YOUNG PEOPLE

The Digital Lunchbreak <https://www.digitallunchbreak.nsw.gov.au/>

The Digital Lunchbreak website has been developed in response to Covid-19 to collate a variety of activities and resources government and non-government organisations have made available for children and young people.



Kids Helpline <https://kidshelpline.com.au/>

Kids Helpline is an Australian free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25.



headspace <https://headspace.org.au>

Information, resources and support for young people dealing with mental health issues.



Youth Beyond Blue <https://www.youthbeyondblue.com/>

Information, resources and support for young people dealing with depression and/ or anxiety.



Developed by Northern Sydney Local Health District School-Link & Got It! April 2020 ©



Health
Northern Sydney
Local Health District