



NEWSLETTER

Friday 22 March Term 1 Week 8



TOGETHER WE TAKE A STAND

On Friday 15 March, students and staff wore ORANGE in support of the 'National Day of Action' Take a stand against Bullying & Violence. Turn to page 6 for further details.

PEER SUPPORT LEAD THE WAY

During Term 1, 40 Year 10 students enthusiastically worked with Year 7 students as part of the Peer Support Program. The finale required Year 7 Students to problem solve and work within teams to create a costume for fancy dress. Turn to page 8 for further details and photos.



YEAR 7 DANCE THE NIGHT AWAY

In spite of the torrential rain, a great night was had by all on Monday 18 March. Whilst Year 7 students danced the night away at the SRC Welcome Disco, parents enjoyed a warm welcome to Tweed River High in the Sport and Entertainment Centre, being provided with a light supper and having the chance to meet teachers and other parents. Turn to page 5 for photos.





SENIOR EXECUTIVE REPORT

SUPPORTING OUR STUDENTS AND WIDER COMMUNITY

In recent weeks our students have continued our proud tradition of supporting one another through various teams, to ensure a safe and supportive learning environment and wider community.

Last week our students supported "Take a stand against Bullying and Violence" by wearing orange on Friday and focussing on speaking out against violence and other forms of bullying. As a school, we strongly support the reporting of any unsafe behaviours and all students have attended Stymie presentations this term, ensuring that they can all make anonymous reports about issues they may not feel comfortable discussing in person.

This week our SRC and peer support students held a disco to welcome our Year 7 students to the school, while parents of our year 7 students had the opportunity to meet their children's teachers, while being served refreshments by Ms Florence and our Hospitality students. This disco was a lovely way to celebrate the success of the peer support program, which has helped our Year 7 students settle into high school life as the final peer support session was completed this week.

It is clear from speaking with year 7 students in the playground that they are now far more confident members of our school community and are excited to go on the Year 7 camp later this term.

Students from years 7 to 10 also participated in harmony day workshops coordinated by Ms Cowan on Thursday.

Harmony Day is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values. 2019 is the 20th Anniversary of Harmony Day and as such, it has become a week of celebrations. I believe that it is particularly important that schools foster a culture of inclusiveness, respect and belonging that is a model for the rest of the community and I thank our staff and students for their support in ensuring that we foster mutually respectful relationships within our school; living our school values.

BASE LEADERSHIP CELEBRATION

We celebrated the achievements of our female finalists for the BASE leadership awards at the International Women's Day breakfast on the 8th March and are delighted that we also have two finalists for the men's awards. Adam Lewis is a finalist for the Community Service and Citizenship Award and Tyson King is a finalist for the Academic & Leadership Award. Both boys will attend the men's breakfast on Friday the 5th April with Mr Mackney.

SUPPORTING OUR YEAR 11 STUDENTS

During recent weeks I have been meeting with Year 11 students to talk to them about the transition to senior school and how the school can best support them to develop the work habits that will enable them to achieve their optimum HSC results. As a result of these discussions we have partnered with ELEVATE education and Graham Hyman to deliver a study skills day, where students will participate in workshops to help them develop effective study skills and efficient time management. An afternoon workshop will assist teachers to reinforce the same messages in the classroom and students will have access to a range of online resources to support them.

Cont'd.../



SENIOR EXECUTIVE REPORT Con'td..

INNOVATION IN ACTION

We take a great deal of pride in student innovation and initiative and have a proud tradition of success in state wide Business Studies competitions where our students show their creativity and business acumen. However, this week we were thrilled to have year 9 student, Brianna O'Toole featured in the Gold Coast Bulletin because of the success of her clothing label "Bula Boutique". Brianna is only 13, but has already built a strong following for her swim and beachwear designs. Brianna started off making scrunchies and now sells her designs at the local markets. This is an amazing achievement and I can't wait to see more of Brianna's designs.

Ms Conroy, Principal

PRINCIPAL'S QUALITY WORK AWARDS

Term 1 Week 7/8 2019

Year 10

CAPA – Mrs Alsop

Joseph BRADY; Lucas BROWN; Jessica GREGORY;
Ella HANDLEY;
Ella McLAUGHLIN; Alayne TANGAPA;
Carly VILLIERS; Laura WATSON

Year 11

Science: Chemistry - Mr Hayward

Kaitlyn REYNOLDS; Tanika SMITH; Holly Taylor;

Year 12

Science: Biology – Mr Hayward

Mia DION; Brooke STODDART



Ms Conroy, Mr Braid and Mrs Mackney with students on Friday 15 March - National Day of Action against Bullying.

BASE YOUTH LEADERSHIP

BASE Young Women's Awards Breakfast

See below the link to the 4-minute film capturing our BASE Youth Leadership Young Women's Awards for International Women's Day

<https://www.youtube.com/watch?v=YMIEkoUtwl4>





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UPCOMING EVENTS

Mon	25 Mar	Marine Swim Tests all week NC Swimming Championships - Murwillumbah NC Open Soccer Trials - Arkinstall Park Music 4 Change Program 3pm: Year 7, 11 & 12 Parent/Teacher interviews
Tues	26 Mar	TRHS Cross Country Year 8 ROCKed PCYC
Weds	27 Mar	Open Boys Soccer Knockout - Byron Bay Extension Science Workshop
Thur	28 Mar	Yr 9/10 Touch Regional Qualifier - Ballina Women's League Tag
Mon	1 Apr	Year 7 Camp - Tallebudgera Recreation Centre Music 4 Change Program
Tues	2 Apr	Year 7 Camp - Tallebudgera Recreation Centre NC U15/Opens RL Year 8 ROCKed PCYC
Weds	3 Apr	Year 7 Camp - Tallebudgera Recreation Centre Year 11 & 12 Study Skills day
Fri	5 Apr	BASE Men's Leadership Breakfast Year 5 Taster Day: Premiers Sporting Challenge



We're a **stymie** school.

[Find out more about stymie...](#)



UNIFORM SHOP

Open Every Tuesday & Thursday
8.00am—11am
(Located Next to the Canteen)
Coordinator - Lisa King

TRHS CANTEEN

Check out the daily menu
on the canteen window for
some great meal deals.
Eftpos available. Open for
Breakfast Recess Lunch

P&C NEXT MEETING

Monday 20 April 2019 - 6.00pm
Please come along and be part of
our P&C

Heffron St, Tweed Heads South, NSW 2486

P: 07 5524 3007 F: 07 5524 9501 E: tweedriver-h.school@det.nsw.edu.au W: www.tweedriver-h.schools.nsw.edu.au



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YEAR 7 DISCO AND WELCOME TO YEAR 7 PARENTS



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Tweed River High School participated in the National Day of Action (NDA) against Bullying and Violence on Friday 15th March.

Our goal is to continue to promote Safety, Respect and Responsibility through strengthening the quality of peer relationships and student behaviour.

NDA was an event to help raise awareness of how to prevent and deal with bullying.

Teachers delivered lessons and used resources from the Bullying No Way website in classroom activities to promote positive behaviours. www.bullyingnoway.gov.au

NDA provided an opportunity for students and staff to highlight their everyday work to counter bullying and violence.



Thank you to our students and staff for taking action by
taking a

Stand Together against Bullying and Violence.





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NATIONAL DAY OF ACTION - TAKE A STAND AGAINST BULLYING



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2019 Peer Support Program

Thank you to the 40 Year 10 students who enthusiastically worked with the Year 7 students during Term 1. The leadership qualities and the commitment demonstrated by Year 10 are to be commended.

Leadership outcomes:

- Student leadership opportunities - to develop and practise leadership skills
- Development of ones confidence in leading a group
- Building positive relationships across the school
- Acting as a positive role model
- Developing values, skills and understandings that can be adapted to all aspects of their lives
- Developing organisational and time management skills
- Learning through fun and safe activities with their peers
- Form positive connections with Peer Leaders and Teachers
- Participate in a whole school activity that fosters a sense of belonging to a community
- Practise cooperation and working collaboratively with others.

Year 10 students worked in groups to deliver the Peer Support lessons once a week. Their interaction and willingness to support Year 7 students has enabled them to make a positive transition from Primary School to High School. The program also provides Peer Support leaders with a framework of values to help them navigate the challenging years of high school and make positive choices.

The finale required Year 7 students to problem solve and to work as a team member to create a costume for a fancy dress party. Photos have been included.

Thank you to each participant for their cooperation and commitment to this program.

Ms Mackney
HT Welfare

Ms Cowan
HT PDHPE (Rel)



NewsLetter

22 March 2019 Term 1 Week 8

PEER SUPPORT PROBLEM SOLVING - FANCY DRESS CREATIONS!



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CULTURAL INFUSION / HARMONY DAY



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On Thursday the 21st of March, Tweed River High School celebrated Harmony Day. Harmony Day was established to celebrate Australia's cultural diversity and to be a day of cultural respect for everyone who calls Australia home. The Wellbeing Professional Learning Community organised this day as a strategy to engage students in recognising diversity, inclusiveness, respect and a sense of belonging.

The day began with a 1 minute silence across the school to recognise the unfortunate events in Christchurch, New Zealand.

Year 7 and 8 were involved in a whole day program run by Cultural Infusion. This company brought presenters from diverse cultural and linguistic backgrounds to our school and our students rotated throughout the day to see a variety of sessions. They were involved with sessions on "Cool Capoeira", "Indigenous Infusion", "Hip Hop Infusion", "Traditional Japanese Dance" and "Rhythms and Instruments of West Africa".

Year 9 and 10 students were involved in a pop-up presentation by Multicultural Communities Council Gold Coast. They saw presentations on Thai Dancing, Capoeira and Cuban Dancing and were very engaged in the performances, with some of our students having a go as well!

Year 7 and 8 students have made positive comments about the day, including what they learnt: "All cultures are different", "We are all different in many ways", "It was really fun and entertaining", "I found it lots of fun and inclusive. It was quite interesting and I enjoyed it", "I learnt that we are more alike than different" and "I learned how to speak different languages".

The initiative was positive and productive in celebrating this important day of cultural diversity, by exposing students to a variety of cultures and experiences. *Mrs Jennifer Goldstone*



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CULTURAL INFUSION / HARMONY DAY



PIC•COLLAGE



SPORT REPORT

U15 Touch North Coast Trials

Well done to our students who competed at the U15 Touch NC Trials at Coffs Harbour on Friday the 8th of March. The following students made the NC team for 2019: Mason Moloney, Makenzie McGarrigal, and Bayden Hicks. These students will now compete at the NSWCHS championships in Wollongong on the 4-5 May. Congratulations!

NSWCHS Swimming Carnivals

Well done to all of our students who represented the school and FNC at the NC swimming carnival. Good luck to Shar Merchant who will be heading to Homebush Bay, Sydney Olympic Park from the 8-12th April to compete at the NSWCHS Championships.

Northern NSW U15 AFL

Well done to Billy Stannard, Mathew Walkerden and Cody Douglas who competed at the North Coast area trials in Byron Bay on the 13th of March. Mathew and Cody were selected in the North Coast team to travel to Tomaree for the NSWCHS championships on the 5th of April. This is a great achievement. Excellent work!

U14 Buckley Shield Rugby League

Congratulations to our U14 Buckley Shield rugby league team who played in the FNC knockout gala day at South Tweed on the 15th of March. The boys won all of their games, which was a fantastic result, and will now play in the North Coast Finals Series in Coffs Harbour on the 31st of May next term. Thank you to Mr Williams and Mr Steele for their help with coaching and organising the team.

Far North Coast Open Soccer Trials

Well done to the students who trialled at Arkinstall Park for the FNC Open Soccer teams for 2019. We had Amos Idagi and Brodie Williams (both Year 11) selected in the teams to trial at North Coast trials in Murwillumbah on the 25th of March.

Far North Coast Open Netball Trials

Congratulations to the students who trialled at Arkinstall Park on the 8th of March for the FNC Open Netball team. Ally Martin (Year 11) and Tarah Smith (Year 12) were selected for the side to compete in Yamba at the NC trials on the 19th of March.

Coming up...

The following sports are coming up for the rest of the term:

- Monday 25th March – NC Soccer trials in Murwillumbah
- Wednesday 27th March – Boys Open Soccer KO game vs Byron Bay HS
- Thursday 28th March – 9/10 Touch Regional Qualifier in Ballina
- Tuesday 2nd April – NC Open and U15 League trials in Grafton
- Friday 5th April – NSWCHS U15 AFL in Tomaree
- Tuesday 9th April – FNC Open Touch trials and knockout at South Tweed
- Monday 8th-Friday 12th April – NSWCHS Swimming in Sydney

Yours in Sport, Mrs J Goldstone

External Sports Organiser 2019

Heffron St, Tweed Heads South, NSW 2486

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SPORT REPORT



U14 Buckley Shield Rugby league team



Year 7 keeping cool last week at the pool during their Aquatics Unit in PDHPE.



Hey, come and

Join Our Mob

in a deadly employment opportunity for Aboriginal people in a school administrative support staff team

friendly environment
new skills
rewarding career
great opportunities

School: Tweed River High School

Position: School Administrative Officer - Aboriginal Identified

Date: 28 March 2019 Time: 3:00 pm



grab some information flyers from the Yarn Up or contact the
Aboriginal Employment Team
aboriginal.employment@det.nsw.edu.au
Aboriginal Employment Team - 02 7814 3822
Annie Austin - 02 7814 1730



STUDENT & COMMUNITY NEWS



WE ARE LOOKING FOR A GOOD HOME



Bambi (that's me)



Snowy (that's him)

I'm a six year old Dorper Ewe. I need a loving, caring home, with lots of grass (as I love it) and I'm very friendly :)

My friend is a one year old Wether (de-sexed ram) and he's nice too.

We are a herd animal so need companions. Ideally, we would like to go to the same home.

Ring our dad 'Rolly' at Tweed River High School on 07 5524 3007





STUDENT & COMMUNITY NEWS

Meningococcal ACWY vaccines for students 15 years and over

A vaccine that protects against four strains of meningococcal disease will again be provided to secondary students in NSW via the NSW School Vaccination Program in 2019.

Schools will soon distribute a vaccination consent card to all students in year 10, allowing them to receive the meningococcal ACWY (MenACWY) vaccine later in the year.

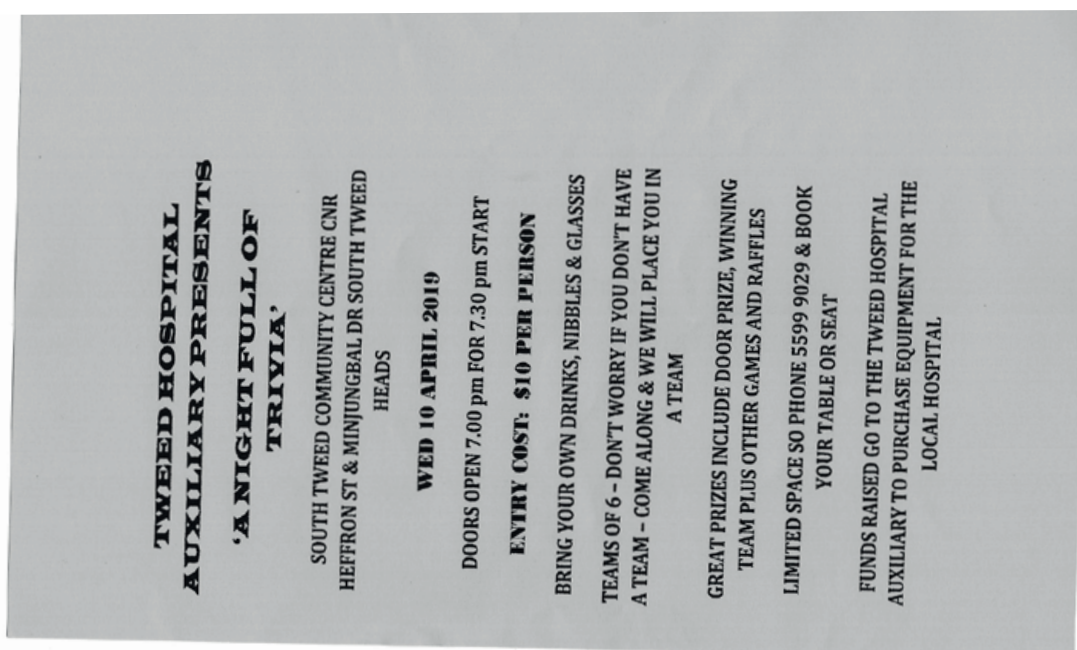
This vaccine is different to the meningococcal C (MenC) vaccine that children born between 2003 and 2018 were offered at the age of 12 months under the National Immunisation Program, as the MenACWY vaccine protects against an additional three strains of meningococcal disease).

The NSW School Vaccination Program has provided MenACWY vaccine to older adolescents - who are at increased risk of meningococcal disease – since 2017.

To ensure all older adolescents have the opportunity to protect themselves against meningococcal disease caused by strains A,C,W and Y, anyone between the ages of 15 and 19 years who missed the vaccine at school can access free vaccine from their GP.

This vaccine does not protect against all strains of meningococcal, so all people should be aware of the signs and symptoms of meningococcal disease, even if they are vaccinated.

For more information on meningococcal disease and the NSW school vaccination program see the NSW Health website (<https://www.health.nsw.gov.au/Infectious/Pages/default.aspx>).





STUDENT & COMMUNITY NEWS



From the archives of Tweed River High School

**In 2021 Tweed River High School will celebrate its 60th anniversary,
a significant event to look forward to!**

We are looking for information to update our archive / historical collection.

**This newsletter we are seeking information on our school sport houses, our
current information is sketchy.**

**If you are an ex-student OR ex-staff member and have any information to
up-date what we have.**

We believe our sport houses were named after local pioneer families?

- **BOYD HOUSE:** named after local family of fishermen from Tweed area.
- **BURGESS HOUSE :** Named after timber/cedar fellers from the local area.
- **McGREGOR HOUSE :** Named after Captain W. McGregor – Pilot-in-charge – Port of Tweed Heads.
- **MORGAN HOUSE :** Named after the headmaster of Point Danger public school.

Please email to:-

tweedriver-h.schools.nsw.edu.au

Attention: Library – Archive information



STUDENT & COMMUNITY NEWS



Accessing the NDIS Information Session

This information session is designed to offer people general information about how to access the NDIS.

The session will cover topics such as:

- Understanding the NDIS;
- NDIS access criteria;
- Supporting information for your access request;

Session details

Venue: South Tweed Sports Club
Date: Wednesday, 27th of March 2019
Time: 2.00pm – 3.30pm
Address: 4 Minjunbal Drive, Tweed Heads South, NSW 2486

Book your place now

RSVP by 20/03/2019. Email jackie.constant@ndis.gov.au or telephone 1800 522 679.
Please provide notification of any accessibility requirements.

ndis.gov.au

Social Futures is the NDIS partner delivering the NDIS in the Northern NSW service area.