



ELECTIVE PDHPE COURSES

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In Years 8, 9 and 10, students can select the elective PDHPE subject known as Physical Activity and Sports Studies (PASS) where they will participate in range on individual and group physical activities as well as learn about body systems, coaching, nutrition, careers in sport etc. This means that you will have the bonus of having regular PDHPE PLUS elective PDHPE!

In Years 11 and 12, students can elect the academic subject, Personal Development, Health and Physical Education (PDHPE) or the more practical subject Sport, Lifestyle and Recreation (SLR). In PDHPE, students will learn about first aid, body systems, health system, fitness, factors affecting performance etc and will gain an ATAR for university entrance. In SLR, students will learn about Sports Administration and Event Management and help run the Swimming, Cross-Country and Athletics Carnivals.

