

TRHS

SPORT DEVELOPMENT PROGRAM



Innovative Learning Pathways

PAST HIGHLIGHTS

- FNC Dance
- School Spectacular Representation 2023 & 2024
- FNC U14 Girls Futsal Champions 2023
- 6th in QLD VETO All Schools Futsal
- Titans 9's North Coast Finalists 2024
- Titans Cup Rugby league Minor Premiers 2024
- Boys and Girls State Touch Champions
- NSW Netball All Schools Cup Regional Finalists 2024
- FNC U15 Girls Beach Volleyball Champions 2023 and 2024

PARTNERSHIPS

The SDP program maintains strong relationships with local sporting organisations.

We have worked with:

- NRL
- Tweed United Football Club
- Tweed Netball Association
- SEQ Touch Football
- NSW Touch
- NSW Basketball
- APOLA SURF

OUR MISSION STATEMENT

'To be recognised as a premier sports development school'.

In our athlete friendly environment, students will be supported as they strive toward reaching their academic and sporting ambitions. Our external coaches have a variety of local, state and international playing and/or coaching experience.

Coaches work to develop the athletes' knowledge, skill and fitness in their chosen sport. Our mentors help young people to achieve a whole school balance.

Our mentors are experienced teachers and coaches with strong wellbeing backgrounds.

COSTS

Students will be invoiced \$120 to be paid each Semester by Week 6 in Term 1 and 3.

This cost is used to pay for external coaching, equipment, accreditation and entry fees to various tournaments where applicable.

If selected for SDP in 2025, students will have SDP incorporated as part of their timetable. This means students will have Monday period 5 allocated on their timetable and will be withdrawn from their mainstream study program to attend SDP.

Please note: In semester two students will need to reapply for the SDP program and sports on offer may change depending on student interest.



SPORTS ON OFFER

- Basketball
- Soccer
- Rugby League
- Netball
- Dance
- Surfing
- Touch Football
- Volleyball



SPORT EXCELLENCE CAMP

The sport excellence camp is an opportunity for students to experience new and exciting recreation and leisure activities.

Open to students who have completed the Sports Development Program and are up to date with their fees, this reward excursion gives students the opportunity to participate in challenging physical activities and build independence and growth in personal development over 3 days and 2 nights.

This camp occurs late November/early December and is a highlight of the school year.

TO APPLY YEAR 8-10 2025



(OPEN UNTIL 10TH DEC 24)



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BASKETBALL

SDP Basketball students will have opportunity to refine their fitness, skills and strategies in the sport of Basketball.

TRHS is lucky enough to have two brand new outdoor basketball courts as well as the Sports Entertainment Centre.

SDP Basketball students have the opportunity to represent in a variety of competitions including:

- CHS Open Basketball
- CHS U15 Basketball
- 3x3 Basketball competitions



SOCCER

SDP Soccer is conducted at the newly refurbished Arkinstall Park and at TRHS's Sport and Entertainment Centre.

Students have the opportunity to learn about 11-a-side outdoor soccer and 5-a-side indoor soccer (futsal) under the guidance of professional coaches and experienced mentors.

Students are prepared for many competitions including:

- Bill Turner Cup
- QLD Veto Schools Futsal League
- FNC Futsal



RUGBY LEAGUE

SDP Rugby League is conducted at Arkinstall Park. Typically sessions are broken into junior and senior age groups and start with a variety of drills and skills. This leads to a modified game under the supervision of the NRL and allows players to build upon skills in a simulated game environment.

Students work towards selection for the following competitions.

- Buckley and University Shield
- Titans 9's
- Country Cup
- Titans Cup



NETBALL

Netball has been growing from strength to strength at TRHS, with great results in the state knockout competition and NSW Netball Schools Cup. Students have represented at FNC, NC and NSW school level. SDP Netball enables students to develop their skills and train with their peers who play within the school knockout teams.

Students are expected to be eligible for competitions such as:

- NSW Netball Schools Cup
- Fast Five
- FNC Netball
- NC Netball Trials



DANCE

SDP Dance students have the opportunity to practice a variety of dance styles and to show-case their talent at:

- Ed-vu (Education night)
- FNC Dance Festival
- Creative and Performing Arts Productions
- State Dance Festival
- School assemblies

Students can select elective dance as a subject in Yr 9-10

The highlight of SDP Dance is seeing so many dancers being selected to partake in the televised School Spectacular at Sydney Olympic Park. It is a showcase of the talent in NSW public schools, including over 2,300 diverse dancers.



TOUCH FOOTBALL

TRHS has a strong touch football tradition with a number of accolades to their credit including:

- State Open Girls Champions 2017
- State Open Boys Champions 2016
- Yr 7/8 and 9/10 State Touch Finalists 2019, 2022, 2023, 2024
- NC Representative

During SDP touch football, students will develop their skills, fitness and knowledge of the game under the

guidance of professional coaching and experienced mentoring.

Students will have the opportunity to enter many competitions such as:

- FNC Touch
- NSW All Schools Touch
- SEQ Touch

SDP touch football students have gone on to represent FNC, NC, NSW/Qld and Australia.

