



NEWSLETTER

Friday 7 February Term 1 Week 2

WELCOME YEAR 7

Over 120 Year 7 students joined our school community last Wednesday. They are settling into High School life and looking forward to the year 7 Disco on the 17th February. We look forward to sharing their educational journey over the next 6 years.



INTRODUCING OUR SPORT CAPTAINS FOR 2020



Sport House Captains and Vice Captains for 2020. *Turn to page 4 for details.*



SENIOR EXECUTIVE REPORT

A big welcome to all parents and students to the 2020 academic year, after what I hope was a restful and enjoyable holiday. I especially welcome our new parents who have children commencing at Tweed River High School for the first time this year. I sincerely hope your involvement with Tweed River will be happy and beneficial.

A large school can sometimes sound intimidating. Some people could think that the bigger you are the less personal, tailored or connected you could be. That is not the case here at Tweed River. I believe that the old adage, that it takes a village to raise productive members of society, is very much the case with Tweed River. With over 700 students in the school we are like a small village. We pride ourselves on reaching every individual as much as possible. We try hard to tailor our time, our resources and our programs so that every student is known, valued and cared for.

Staff started off the year on Tuesday 29 January with our first School Development Day for the year. We spent the beginning of the day together revising our educational targets and revisiting our many wellbeing programs and how we can connect with and make the most of our students and their abilities. The remainder of the day was spent on both mandatory training and faculties coming together to plan for the upcoming term.

We have had a small number of changes among the teaching staff. I welcome the new and returning teachers to our school. I know they will find this a wonderful place to teach. Thank you to all of our fantastic staff for making the year start off so well and seamlessly.

Year 7 have definitely embraced their new home. It is with great pleasure that I can assure all parents that all the year 7 classes are very settled and on task. I am looking forward to watching them become even more comfortable and familiar in their environment when Peer Support begins next week. Thank you to our wonderful Yr 10 Peer Support Leaders and to Mrs Mackney and Ms Cowan for facilitating the program.

Year 12 have settled into their final year of schooling. It is very important that Year 12 remain focussed and manage their time well in their pursuit of excellence. Staff will be working very closely with our Year 12 students to ensure they receive the very best support while working towards the HSC. There must be balance between work, life and school for the students to be successful.

Year 11 have embarked on their Preliminary HSC studies. Final changes are being made to patterns of study while students hone in on what subjects really interest them. It is very important that students settle into their subjects and commit to studying and achieving their personal best. It is imperative that senior students maximise their time at school and have near perfect attendance to reach their full potential.

It was really pleasing at our recent assemblies to see our students return for the beginning of the academic year so well attired. Students looked marvellous in crisp new shirts and appropriate black leather shoes. It is now most important that this wonderful standard be maintained throughout the year. Parental support of our school uniform policy is vital to maintaining this high standard. As the cooler weather approaches it is important to remember that hoodies are banned from our school and will be removed from students along with non-uniform jumpers. Jumpers can be purchased from our uniform shop on Tuesdays and Thursdays from 8-11am. If you require financial assistance to purchase uniform items please contact Mrs Mackney, Head Teacher Welfare or Mr Mackney, Deputy Principal years 7,9 and 11 or Ms Taylor, Deputy Principal years 8, 10 and 12.

Our Swimming Carnival is being held at Oasis Pools at Banora Point on Monday February 10. All students are required and encouraged to attend. There are events for all students including competitive races and novelty events. It is a fun day for all. Come along and develop our school spirit and be part of the fun. Thank you to the PE faculty for their organisation of this event.



SENIOR EXECUTIVE REPORT

Primary School Visits will occur next week to our Tweed Learning Community (TLC) primary schools. Ms Conroy will talk to Year 6 about the wonderful opportunities available at TRHS and a number of Year 8 students will accompany her to showcase their talents. Year 6 students will also be given an invitation to our Year 6 into Year 7 2021 night to be held on March 2. Save the date and bring along your year 6 student to experience some of what it is like to be at TRHS. Students and parents will be taken on a tour of the school and students will also be entertained by participating in some physical activities and games while parents receive vital transition information in the SEC. Please spread the word to any parents of Year 6 students.

Monday 17th February sees our Welcome to Year 7 School Disco and meet the teachers night. Year 7 parents are encouraged to bring their Year 7 students to the School Disco in the Hall and continue to the library to meet other Year 7 parents and Year 7 teachers. The Disco will be lots of fun for students and is most capably run by our SRC and supervised by staff. Thank you to Mrs Mainey and our SRC students for holding this night. Thank you to Mr Leigh Wood (relieving Year 7 Adviser) and all staff for supporting this event. Doors open at 6pm with the disco finishing at 8pm. Students will need to be picked up by their parents and there will be no pass outs.

Please remember that students are representing our school when wearing our school uniform in the public eye. This includes travelling to and from school. Safe travel to school is a requirement. Please wear your helmets on your bicycles, please be respectful and travel safely on the bus and please observe parking signs out the front of the school when dropping students to school and ensure they cross the road safely.

Students that are required to pick up their younger siblings from Tweed Heads South Public School are reminded that they are not to enter the primary school grounds. Students are requested to wait out the front of the school in a polite and respectful manner. Unacceptable behaviour will not be tolerated and consequences will apply.

Respect, Safety and Teamwork are three of our core values at Tweed River High School. As students move through adolescence, pushing boundaries and growing into young adults it's important that they are respectful of their bodies and each other so that they remain safe. This requires a team effort from our school community. In light of the recent losses experienced by our school community it is imperative that we keep the lines of communication open and talk to our young people about the dangers of substance use and abuse and about their wellbeing. Spending time with our young people and really listening to them and monitoring what they are doing and where they are is important in ensuring their safety. Not all substances abused by our young people are illegal or hard to come by. Aerosol deodorants, readily available in the family home, can be lethal when used for the practice of chroming. Recent statistics have this practice increasing by 30% in some areas. Have the conversation with your young people, discuss the risks and ensure they are aware of potential consequences if they choose to participate in the use of harmful substances.

A memorial service was held this week to remember and celebrate the life of Jacob Grunow. Jacob sadly passed away in the holidays and will be remembered as a valuable member of our Year 11 student body and of our school community. Our thoughts are with Jacob's family and friends. Support will continue to be offered at school for students who are struggling to come to terms with this loss. If you are worried about the wellbeing of any of our students please contact the corresponding Year Adviser or Deputy Principal for the year group or our Head Teacher Welfare, Mrs Mackney.

I wish you a happy, safe and productive term. Please take care of each other and remember to ask your neighbour if they are OK.

Ms Kim Taylor, Deputy Principal



UPCOMING EVENTS

Mon	10 Feb	TRHS Swimming Carnival
Tues	11 Feb	2.30pm Homework Centre
Fri	14 Feb	NC Volleyball
Mon	17 Feb	6pm Year 7 Welcome Disco & Year 7 Parents meet the teacher night 6.30pm P&C Meeting
Tue	18 Feb	FNC Swimming 2.30pm Homework Centre
Fri	21 Feb	U15 Boys AFL Knockout Gala Day - Byron Bay



HOUSE CAPTAINS AND VICE CAPTAINS 2020

BOYD: Captains- Xander Crockett, Courtney Collison
VC's- Georgia Jefferies, Christian Faigame

MCGREGOR: Captains – Talia Lewis, Jesse Rascianato
VC's – Natalie McGovern, Dane Phillips

MORGAN: Captains – Bronx Hargraves, Alana Douglas
VC's – Abi Westmorland, Kale Nelson

BURGESS: Captains – Adam Lewis, Billie Smith
VC's – Madalyn Scibberras, Daniel Mawson



[Find out more about stymie](#)

UNIFORM SHOP

Open Every Tuesday & Thursday
8.00am—11am
(Located Next to the Canteen)
Coordinator - Lisa King

TRHS CANTEEN

Check out the daily menu on the canteen window for some great meal deals. Eftpos available. Open for
Breakfast Recess Lunch

P&C: NEXT MEETING

6.30pm: Monday 17 February
Staff Common Room
All Welcome :)



YEAR 7 DISCO SPORTS SPECTACULAR!

DRESS AS YOUR SPORTING HERO, FAVOURITE TEAM, OR EVEN SPORTING EQUIPMENT!

**MONDAY
17TH FEB
6 - 8PM**

**\$3 ENTRY FEE
INCLUDING
ZOOPEE DOOPER!**

**FOOD
AND
DRINK
FOR SALE**





LIBRARY NEWS

WELCOME to our new faces at Tweed River and WELCOME BACK STUDENTS AND STAFF!

Ms Monniot-Kerr and Ms Kyle in the Library would like to welcome new students to TRHS and welcome back staff and students to what we hope to be a great 2020! It has been lovely seeing some new faces and we are delighted to notice that borrowing has kicked off to a healthy start for the year with over 80 resources going out the door in less than a week! Our Reading Challenge Program has begun once again. Your English Teacher will let you know all about the challenge during your first Library Lesson. We are looking forward to you being part of a fantastic program with awesome prizes!

Recess and lunch have been busy times with students studying, doing research, playing chess or reading a good book in the air-conditioning. Don't forget to renew or return any overdue resources (see below for our opening times).

We are always ordering new books. We encourage students to come and see us if they have any titles they would like us to purchase.

More Mangas are on order as well as Young Adult Fiction so keep an eye out for new books and we look forward to seeing you in the library!

Ms Monniot-Kerr, Teacher Librarian & Ms Kyle, Library Assistant



LIBRARY OPENING HOURS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Closed until 8.30am	from 8am	from 8am	from 8am	from 8am
Recess	Recess	Recess	Recess	CLOSED Recess
Lunch	Lunch	Lunch	Lunch	Lunch



2019 PREMIER'S READING CHALLENGE SPONSORS



Dr John Hampson BV BIOL/BVSc
Shop 1,2/2-14 Henry Lawson Drive
TERRANORA NSW 2486
07) 5590 4448



SOUTH TWEED HEADS



SOUTH TWEED HEADS



TWEED CITY



TWEED CITY



COOLANGATTA



TWEED CITY



Tweed College of Martial Arts
11/23 Enterprise Avenue
Tweed Heads South
07) 5513 1429



TRHS UNIFORM

TRHS Uniform Prices 2020			
Junior			
Every Day Unisex Polo	White with Green & Black Panel	10-3XL	\$35
Sport Polo	Lite, easy-breathe White with black and green stripe	10Y – 22A	\$35
Girls Tartan Skirt	Green Tartan	6 – 20	\$50
Girls Shorts	Cotton Backed polyester Black with Seagull	10 – 20	\$30
Girls Shorts	Microfibre Black with Seagulls	10-XL	\$35
Boys Shorts	Cotton Backed polyester Black with seagull	10 – 4XL	\$30
Girls Long Black Pants	Every Day Wear	8 - 24	\$45
Boys Long Black Pants	Every Day Wear	10-20	\$45
Jumper	Bottle Green Fleece	75 – 120	\$35
Trackpant	Black with green and white stripe	10 – 20	\$40
Senior			
White Polo	Uni-Sex Every Day Wear	75 – 120	\$35
White Girls Blouse	Collared with Logo	6 - 22	\$40
White Boys Shirt	Collared with Logo	10 - 22	\$40
Girls Tartan Skirt	Black Tartan	8 – 20	\$50
Girls Long Black Pants	Every Day Wear	8 - 24	\$45
Boys Long Black Pants	Every Day Wear	10-20	\$45
Jumper	Black Fleece	75 – 120	\$35

TRHS Uniform Shop Opening Hours: 8am – 11am Tuesday and Thursday
EFTPOS Cash and Cheque Accepted
2nd hand goods available, Lay-By Available



TRHS CANTEEN

PRICE LIST 2020

EFTPOS AVAILABLE

Assorted Wraps	as priced
Sandwiches	as price
Sushi	\$3.00
Chicken Caesar Salad	\$4.00
Caesar Salad	\$3.50
Fresh Fruit Salad	\$3.50
Yoghurt	\$2.50
Fresh salads from	\$3.50
Assorted rolls from	\$4.00

HOT FOOD

Chicken Chips	\$2.50
Pizzas	\$3.00
All Pies	\$4.00
Sausage Rolls	\$3.50
Spinach & Cheese Roll	\$4.00
Assorted Turkish bread	\$4.50
Chicken tortillas	\$5.00
Chicken Wraps	\$5.00
Breaky Wraps	\$5.00
Cheese Burger	\$4.50
Hamburgers	\$5.00
Vege Burgers	\$4.50
Chicken Caesar Burger	\$5.00
Chicken Burger	\$4.50
Aussie Burger	\$5.50
Toasted Sandwiches from	\$2.50

CAKE

Banana Bread	\$2.50
Muffins	\$2.00
Low Fat Apple pies	\$3.00
Finger buns	\$2.00
Vanilla cake	\$1.00
Fruit cake	\$2.00

MILK

Plain Milk, 500ml	\$2.00
Flavoured Milk Small	\$3.00
Flavoured Milk Large	\$4.00
Up & Go	\$2.50
Breakfast	\$2.00

TWEED RIVER HIGH SCHOOL JUICES

Poppas	\$2.00
Smoothies	\$3.00

DRINKS

600mL water	\$2.00
750mL Pump	\$3.50
1 ltr water	\$4.00
1 ltr Active water	\$4.00
Sparkling water	\$2.50
Flavoured water no sugar	\$2.50
No sugar soft drink	\$2.50
Juice Bomb	\$2.00

ICE CREAMS

Ice Monys	\$1.00
Paddle Pops	\$2.00
Fruit Tubs	\$1.50
Frozen yoghurt sorbet	\$2.50
Vanilla tubs	\$1.50

CHIPS \$1.50

MEALS

Fried rice	\$3.00
Pasta dishes	\$4.50
Lasagne	\$4.00
Butter Chicken	\$5.00
Burritos	\$5.00
Chilli con carne	\$5.00
Savoury mince	\$5.00

Home cooked meals are prepared daily.

Weekly specials are advertised on white board in canteen window.

Orders can be placed prior to 1st period.

If you have dietary requirements please order prior to 1st period.

BREAKFAST AVAILABLE DAILY

Toasted sandwiches	\$2.50
Fruit salad tubs	\$3.50
Yoghurt	\$2.50



Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





Supervising your Learner Driver (L)

Learner drivers under 25

- Must have at least 120 hours of supervised on-road driving experience, including 20 hours at night time;
- One hour of structured driving tuition by a professional driving instructor will count as 3 hours in the Learner Driver Log Book to a maximum of 10 hours counting as 30 log book hours.
- Must hold an L licence for at least 12 months.
- For L and P1 drivers mobile phone use is prohibited, even hands-free or loudspeaker; and
- Learner drivers are allowed to travel up to 90km/h

Tips for Parents

- Safe driving takes time and practice – it is more than just operating a vehicle. Safe driving is about skills and attitudes.
- Don't rush teaching to drive. It takes many years to become a competent driver. Repeat safety messages and discuss safety strategies.
- Young drivers model the driving of parents and carers. Make sure your driving models careful, calm behaviour that follows the road rules.
- Plan for a variety of driving experiences (e.g. different road conditions, weather conditions) and vary the time of day.
- Shorter drives can be useful early on.
- Discuss risky behaviours and attitudes (such as speeding, drink driving, distraction, the influence of friends, impulsive or aggressive behaviour)
- Reduce the risk of distraction (e.g. turn off mobile phones)
- Keep instructions short and clear.
- Be positive and acknowledge when your teenager does well rather than criticise.
- At the end of a drive reinforce achievements and discuss areas to work on.
- Real on-road driving experience is more beneficial than 'advanced' or 'defensive' off-road driver training. Advanced or defensive driver courses can lead to overconfidence and increased risk-taking.
- You and your young driver should read the Road Users Handbook (NSW road rules) and understand the licence conditions.
- For helpful information, attend a free 'Helping Learner Drivers Become Safer Drivers Workshop' in your local area. Contact the Roads and Maritime Services on 13 22 13 or visit www.rms.nsw.gov.au
- Keep the log book accurate. Skimping on the log book will not improve the safety of young drivers.
- Keep a photocopy of the log book in case it is misplaced or damaged. Alternatively, keep a record on driving hours in a separate book in the car and transpose trip details into the log book that can be kept in a secure location at home.

For more information see <http://roadsafety.transport.nsw.gov.au/stayingsafe/drivers/index.html>



COMMUNITY NEWS

GET INTO HOCKEY
.com.au

Get into
FITNESS • FUN • HOCKEY

Kingscliff Hockey Club

SIGN ON -
Sat 15th Feb, from 10am (DST)
at Merv Edwards Oval, Kingscliff - Sand St

CONTACT: Donna Fay - 0448 186591, Greg Edwards - 0407 457 165
or Ross Salmon - 0421 489 921

*Hockey is a great sport for all ages. Don't miss
our Sign-On Day for your chance to have a go
and find a club near you!*

www.getintohockey.com.au



COMMUNITY NEWS

SOUTH TWEED BEARS

Girls League

Tag

For the 2020 Season, Group 18 is offering a **FRIDAY** night competition for Girls age groups; under 14s & under 16s.

A gala day will be held on **Tuesday 24 March**, at **Murwillumbah Colts Rugby League Club** with the **Friday** night competition to follow in **Term 2**.

Message us at **@SouthTweedJRL**
For any information

Be A Bear For 2020

Sign up online, Or come to the club house **Thursday 13th Feb 4:30-5:30pm NSW time**

For sign on or any questions

PLAY RUGBY LEAGUE Register At: **www.playrugbyleague.com**

A gala day will be held on **Tuesday 24 March**

Friday Night Girls league tag competition
Available for term **2, 2020 season**

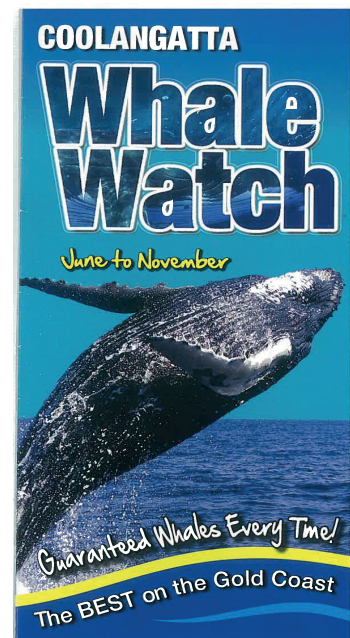
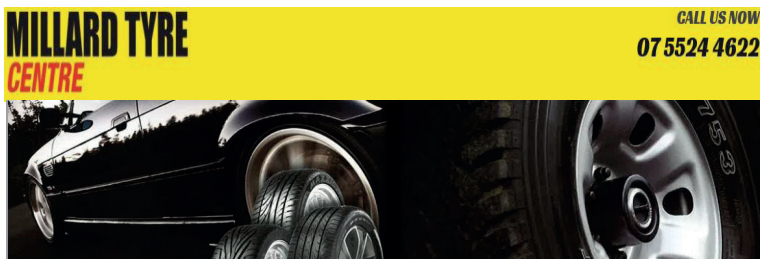


NEWSLETTER

7 February Term 1, Week 2

APPRECIATION TO OUR SPONSORS

Thank you to our generous sponsors who donated prizes towards our fundraising raffle held at the Performance & Exhibition Evening (ED-VU) during Education Week. Sponsorship is very much needed to support us in recognising student achievement, promoting self-esteem, celebrating achievement of student goals and implementing Welfare Programs.



South Tweed Heads